



PE and Sports Premium

This grant has been allocated by the government to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils. This is intended to encourage the development of healthy, active lifestyles.

The school receives an annual grant of £8,000 plus £5 per pupil in order to:

- develop or add to the PE and sport activities that your school already offers
- make improvements now that will benefit pupils joining the school in future years

In order to use this money wisely we reviewed our existing PE and Sports provision and through our audit found that children's skills were lacking in the following areas:

- Climbing
- Core strength
- Risk taking
- Problem solving
- Creativity
- PSE, turn-taking and independent skills

We realised that we had only limited equipment to meet these needs.

2014-2015

In 2013 we purchased indoor climbing equipment which included a large, wall frame which can be varied to meet the needs of the

children. We also purchased PE stools, benches and other smaller equipment to vary challenges.

How it made a difference to the PE and sport participation and attainment of the pupils?

We monitored children's progress and noted the following:

- 95% of children met or exceeded the Early Learning Goal for 'Moving and Handling' compared to 78.3% in the previous year.
- Teachers noticed improved confidence, a willingness to take risks, improved core strength, for example, children could hold their balance for increased length of time.
- Enjoyment

2015-2016

We looked at the areas which we still wanted to develop and noticed that since the introduction of the inside PE equipment children's increased skills meant that the outside climbing equipment was no longer challenging. We particularly wanted to develop:

- Creativity
- PSE
- Problem solving
- healthier lifestyle through encourage active playtime choices

We replaced the small climbing frame with an age-appropriate and more challenging outdoor climbing system.

How it made a difference to the PE and sport participation and attainment of the pupils?

Early indications are increased enjoyment. Children take turns so that each class has an opportunity to be allocated a time slot. It has been noticed that all children enjoy this challenge and take part.

Children use problem solving skills in order to access the equipment creatively.

2016-2017

Identified areas for development

This year we wanted to focus on encouraging a healthy and active lifestyle. We know that not all of our children have access to gardens or outside space on a regular basis. We wanted to show children that they can be active in simple ways that cost no money. We looked into introducing Forest Schools to allow the children guaranteed access to a natural environment each week. Research has shown that having time in a natural environment is beneficial to both children's physical and mental wellbeing. It also addresses our wish to develop our children's creativity, problem solving and social skills.

In order to be able to continue the enrichment of this outdoor physical programme, some children will take part in Beach Schools. We already have trained two members of staff to carry out this programme. This will increase the sustainability and eventually reduce the need for funding.

Benefits of Forest & Beach Schools

- Team building and social skills
- A walk to and from the forest or Beach schools site encouraging an active lifestyle
- Physically active
- Problem solving
- Creative
- Guaranteed access to a natural environment

How it made a difference to the PE and sport participation and attainment of the pupils?

Early indications are that:

- children have developed improved team building skills.
- Appetites have increased for fussy eaters
- Improved physical strength & stamina
- Increased confidence of all children
- Full integration of all SEND children including those with EHC plans